Association of University Engineers conference Manchester, 9 September 2010

Usable buildings 1970-2050: Back to the future?

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the **USABLE BUILDINGS TRUST** www.usablebuildings.co.uk

Structure of the talk

- 1. Past, present and future
- 2. Where are we now?
- 3. Moving forward
- 4. Conclusions



PAST, PRESENT AND FUTURE

Decade by decade (± 5 years): Some context

- 1960s Expansion
- 1970s Retrenchment
- 1980s Uncertainty
- 1990s Realignment
- 2000s Binge + bust
- 2010s Hangover
- 2020s Shipwreck on or survival?

New Universities. Quinquennial funding. The Robbins report. Sudden constraints. Oil crisis. Three day week. IMF. With smaller scale opportunities. Bruntland sustainability report. Polytechnics merge. Rise of FM and MBA. BREEAM launched. Big scale. Outsourcing. PFI. Mortgaging the future. Carbon. Danger of implosion, commitments exceeding resources Vicious or virtuous circles?

The death of short-termism?

Decade by decade (± 5 years): Energy and services

1960s Expansion District heating services, with coal, oil (& nuclear suggested!). Retrenchment Oil crisis. Energy conservation. 1970s But North Sea gas and oil. Ayatollah. 25,000 therm limit. 1980s Uncertainty Shortage, then abundance. Fuel industry privatisation. Low 1990s Realignment prices undermine common sense 2000s Binge + bust More services, more regulation more complication, tick boxes. 2010s Hangover Cheaper or better? Will the tail wag the dog? Simpler or more complicated? 2020s Shipwreck or survival? Centralised and/or dispersed? on

Vision 2000: *our crystal ball in the 90s:* **Paradox, Transition and Consequences**

• Undertaken for a UK utility in 1993-94.

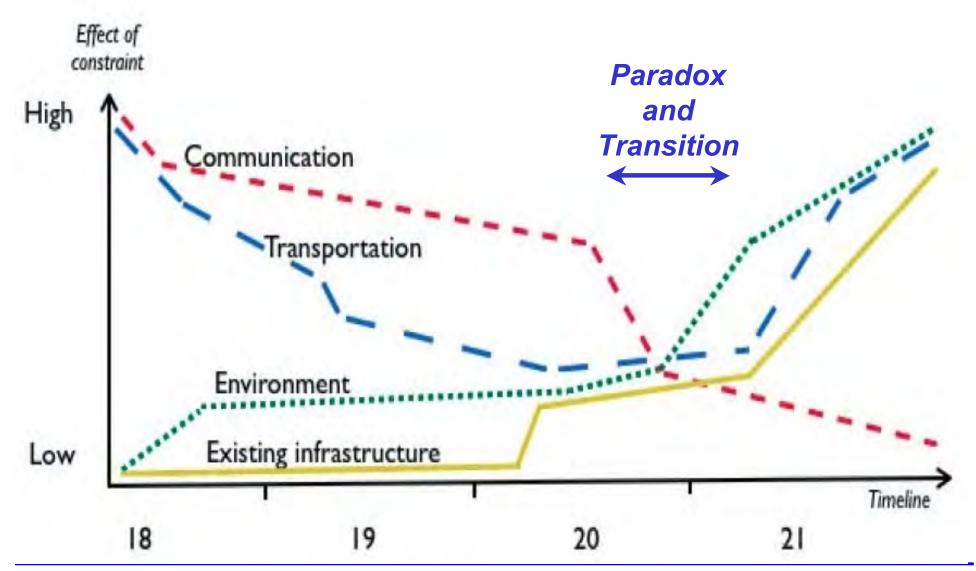
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- Examined social, economic and technical trends affecting building electricity use in 20 years' time.
- Suggested that we were in an Age of Paradox, where the economy and our buildings were not taking proper account of the world in which they would find themselves.
- Predicted a *Period of Transition,* which arrived more slowly than expected, but we now seem to be in; towards
- an *Age of Consequences,* in which decisions would be much more strongly influenced by downstream effects.
- Convergence between business efficiency and sustainability, as are both are ultimately about waste avoidance.

REFERENCE: A Learnan (ed) Buildings in the Age of Paradox, Institute of Advanced Architectural Studies, York, UK (1996).

Paradox and transition: adapting to changing constraints over time

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SOURCE: A Leaman, Chapter 1 of J Worthington (ed) Reinventing the Workplace, 5, Butterworth (1997, 2004). Figure 1.

Buildings and services for the future: things we had expected to see by 2010

- Simple, robust, adaptable buildings to suit many purposes, with good passive design and mixed mode services.
- Complex, more highly serviced buildings would also be required, but should be kept to a necessary minimum. Scope for major improvements in their efficiency.
- Better design for usability, manageability and responsiveness; and seek to minimise downside risks.
- FMs much better informed and more involved in design.
- More understanding of performance in use by designers, builders and government, to focus efforts better.
- Major opportunities for improving controls.
- Large reductions in energy demands and other resource and environmental impacts. Effective waste avoidance.



WHERE ARE WE NOW?

Many designers and builders still don't know that much about actual performance in use

"in theory, theory and practice are the same, in practice they aren't" SANTA FE INSTITUTE for research into complex systems

"designers seldom get feedback, and only notice problems when asked to investigate a failure" ALASTAIR BLYTH CRISP Commission 00/02, UK

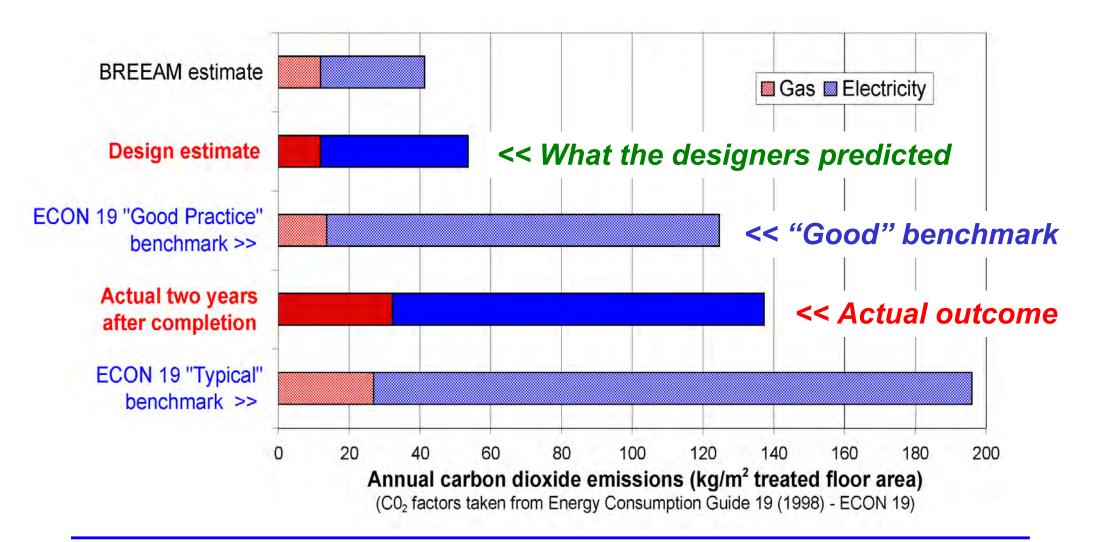
"unlike medicine, the professions in construction have not developed a tradition of practice-based user research ... Plentiful data about design performance are out there, in the field ... Our shame is that we don't make anything like enough use of it" FRANK DUFFY Building Research & Information, 2008

"I've seen many low-carbon designs, but hardly any low-carbon buildings" ANDY SHEPPARD Arup, 2009

The Credibility Gap: We couldn't deliver low-energy and carbon performance reliably in the 1990s. We're still finding it difficult.

Data from the winner of a Green Building of the Year Award

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SOURCE: see discussion in S Curwell et al, Green Building Challenge in the UK, Building Research+Information 27(4/5) 286 (1999).

We've been trying to close the feedback loop at *www.usablebuildings.co.uk*

Usable BUILDINGS ... for feedback and strategy

In from the Usable Buildings Trust Password Publications Events One-liners Probe Incubator Portfolio Quick intro Donations Latest Books Leader Links Contact us

the SOFT LANDINGS FRAMEWORK

Usable Buildings is a free resource for practitioners, managers, building owners, developers, students and anyone else who wants to make buildings more suitable for the people who use them, less damaging to the natural environment and a better long-term investment. Usable Buildings is run by the Usable Buildings Trust.

The Usable Buildings Trust (UBT) is an independent charity, registered in the United Kingdom, UBT promotes better buildings through the more effective use of feedback on how they actually work. It spreads the results through its website, user groups, collaborative working and input to postgraduate courses. UBT is also a home for approaches which are not quite ready for widespread application and an incubator for their development. Aims Background

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Who we are and what we do: <u>Trustees' Report</u> summarises activities and plans. <u>What Do We</u> <u>Do?</u>

Website: Our website is text-based and designed primarily to deliver pdf files, Website set-up. Latest posted : The Building Services Brief of the Future | 89 Culford Road | Surpassing Expectations | Human Factors: the bottom line | Soft Landings | The Great Escape |

Basics: POE and Feedback: Getting Started | Probe 9 | A Guide to Feedback and Post-Occupancy Evaluation |

Full Latest list Live (real-time) monitoring [Please send in more examples!]

Latest one liners: "Who are you going to believe? Me, or your own eyes?" Groucho Marx | "If the choice is between cooking alive and wasting money unnecessarily I would rather waste some money, because long before we cook we are going to kill each other if we don't deal with climate change." George Soros | "The paradox of public transport is the better it does its job the less 'efficient' it may be." Tony Judt | "I got rid of the Ferrari: it was bad for my hamstrings." Ryan Giggs More

Hosting : We host the Feedback Portfolio: Techniques and the Probe archive.

Support : We support Soft Landings.

Searching : Most of the material available here is in pdf files, about two-thirds of which are password protected. If you wish to search within files that are not password protected use the Google search syntax: "filetype:pdf site:www.usablebuildings.co.uk search term" . Example: for articles on health type in the Google search area: "filetype:pdf site:www.usablebuildings.co.uk health" <u>Show example</u>

Thursday, March 18

Established in the late 1990s when the research and policy emphasis on Rethinking Construction largely ignored building performance in use. UK Registered charity from 2002.

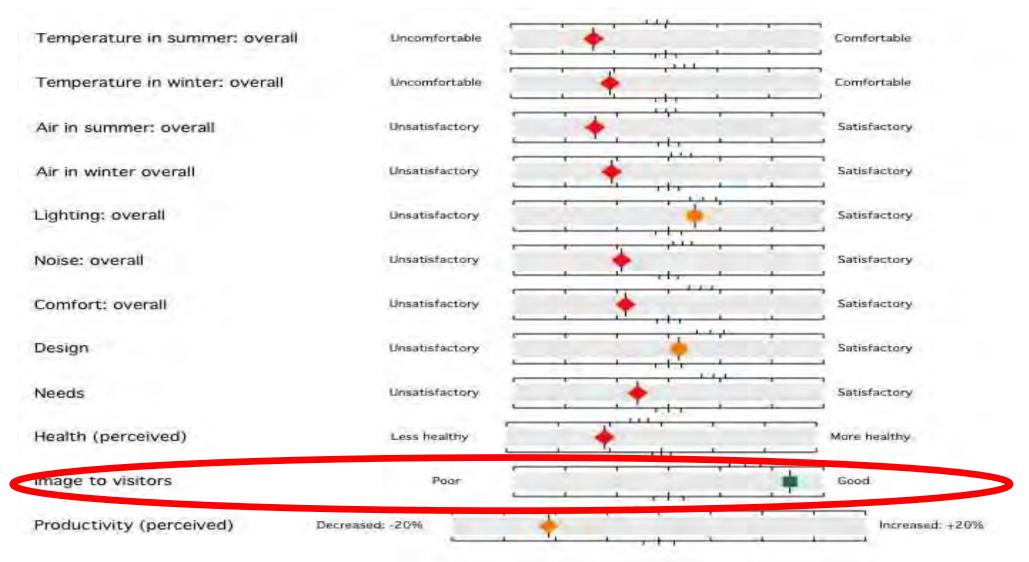
New buildings: What do we still tend to find?

- Too often they perform much less well than anticipated, *especially for energy and carbon, often for occupants, and with high running costs.*
- Unmanageable complication is the enemy of good performance. So why are we being forced to make buildings more complicated in the name of sustainability, when we don't get simple things right?
- Buildings are seldom tuned-up properly. So if we have more to do, what chance do we have?
- Design intent is seldom communicated well to users. Designers and builders tend to go away at handover.
- Good environmental performance and occupant satisfaction can go hand in hand, *but only where committed people have made it do so.*
- Modern procurement systems make it difficult to pay attention to critical detail. *Not a good idea when promoting innovation.*
- Are we sparing no expense to get something on the cheap? *

KEEP IT SIMPLE, DO IT WELL, FOLLOW IT THROUGH, TUNE IT UP

* The British spare no expense to get something on the cheap ... NIKOLAUS PEVSNER, Architectural historian

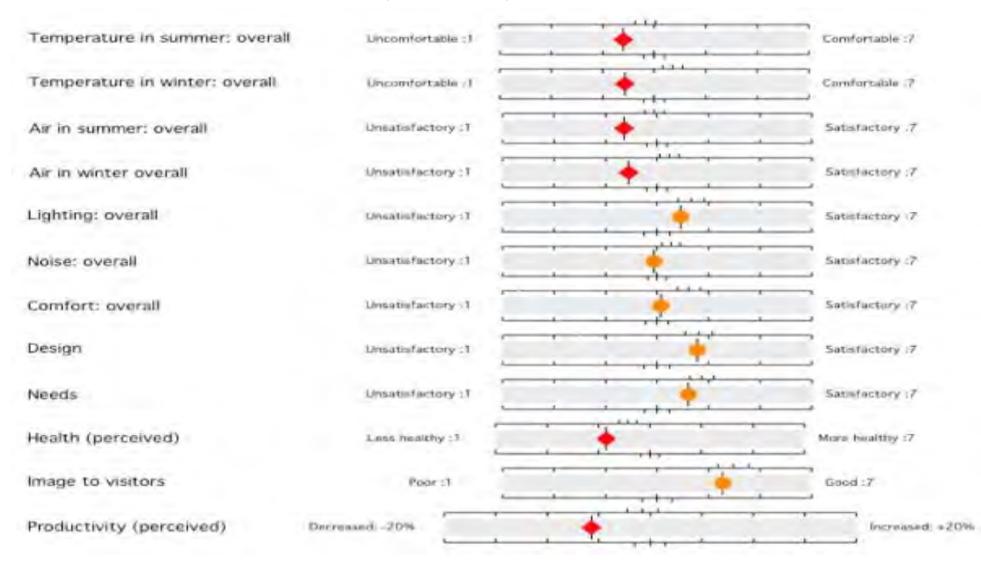
¹⁴ Credibility gaps: Occupant satisfaction Occupant survey, award-winning educational building, 2009



What impresses the judges may not impress the users!

SOURCE: Unpublished occupant survey of an award-winning school 2009. Courtesy of Building Use Studies Ltd.

Credibility gaps: Occupant satisfaction Occupant survey, five year old offices, 2010

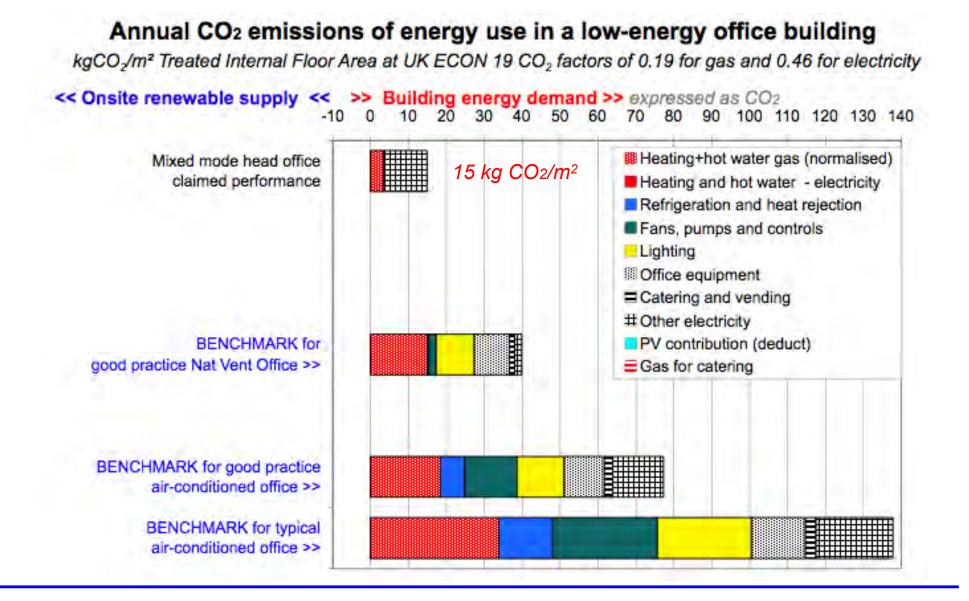


Do pilot projects of improvements where you can.

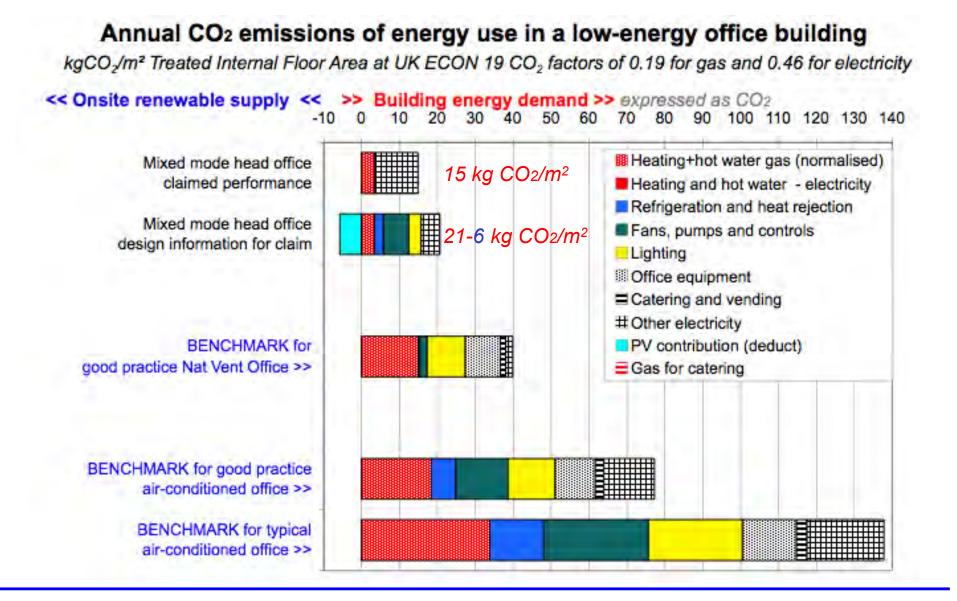
SOURCE: Unpublished occupant survey of an open-plan air-conditioned office 2010. Courtesy of Building Use Studies Ltd.

Why are these lights on in a new university building?

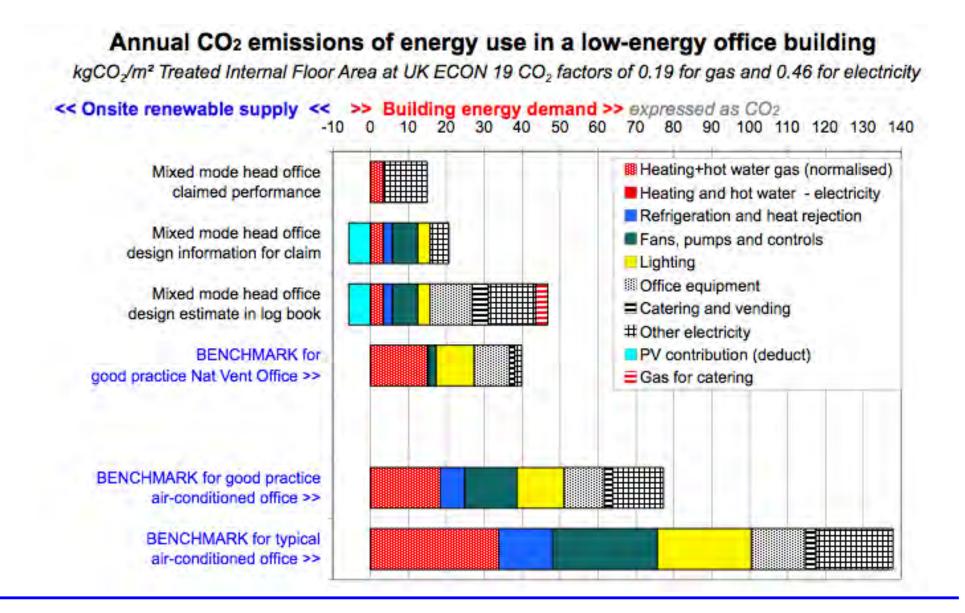
Design intent to reality: perspectives 1: the design claim, as published



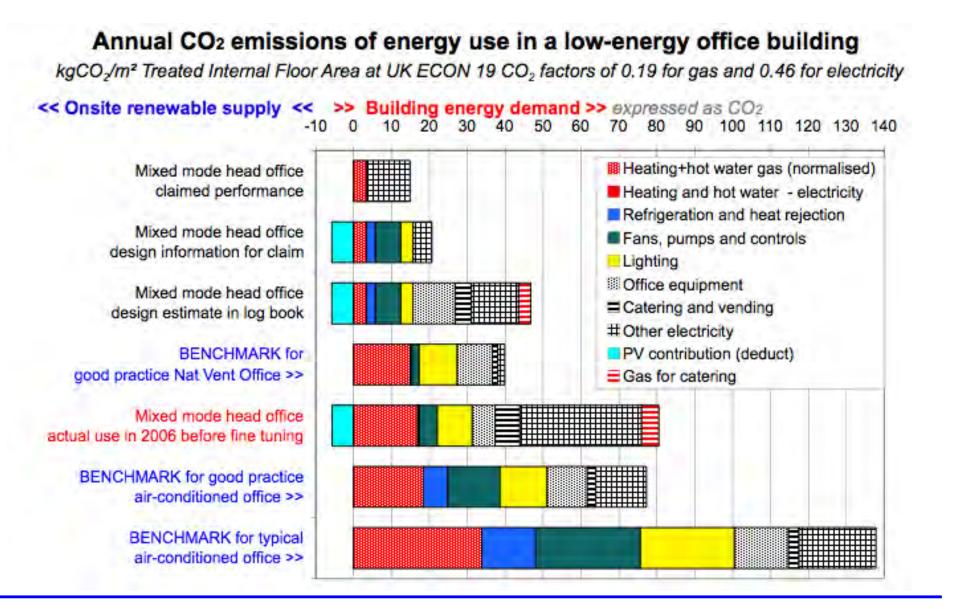
Design intent to reality: how the gap widens 2: the basis for the design claim



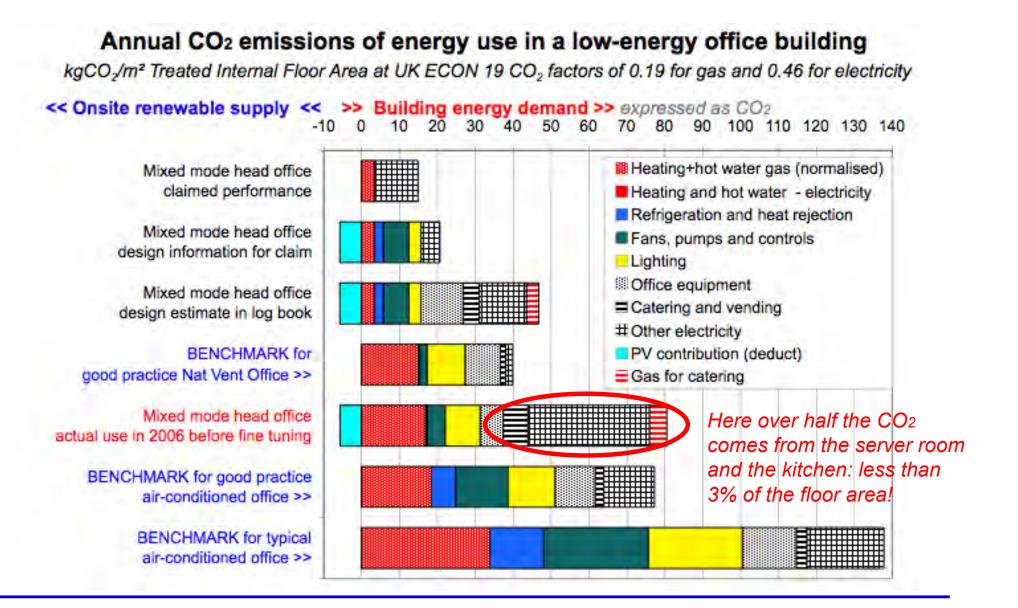
Design intent to reality: how the gap widens 3: what it said in the log book supplied at handover



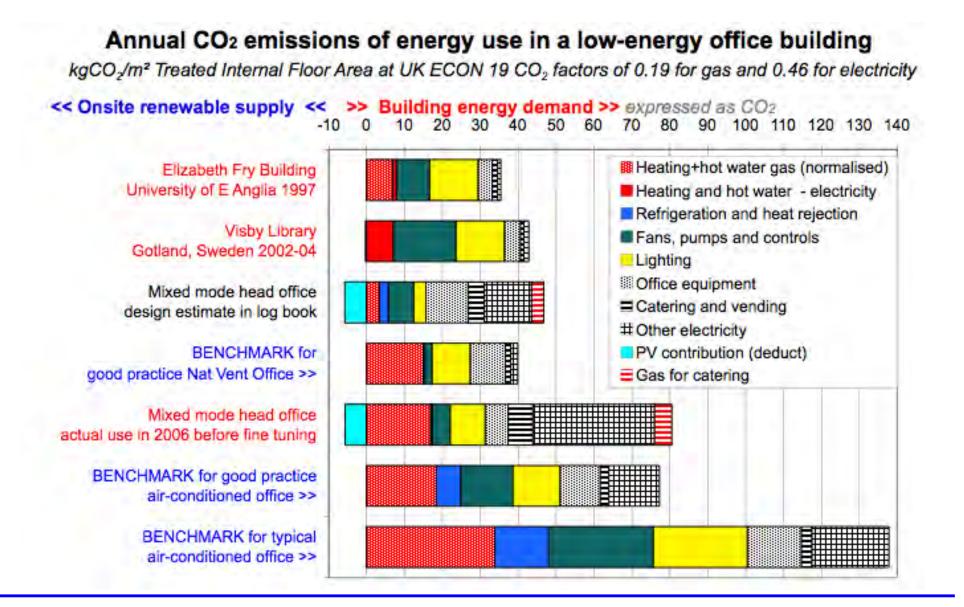
Design intent to reality: how the gap widens 4: actual performance in use, before fine tuning



Components of energy performance: 5: designers need to influence "unregulated" loads!



We must learn from the fine structure: 6: how it relates to two other low-energy buildings

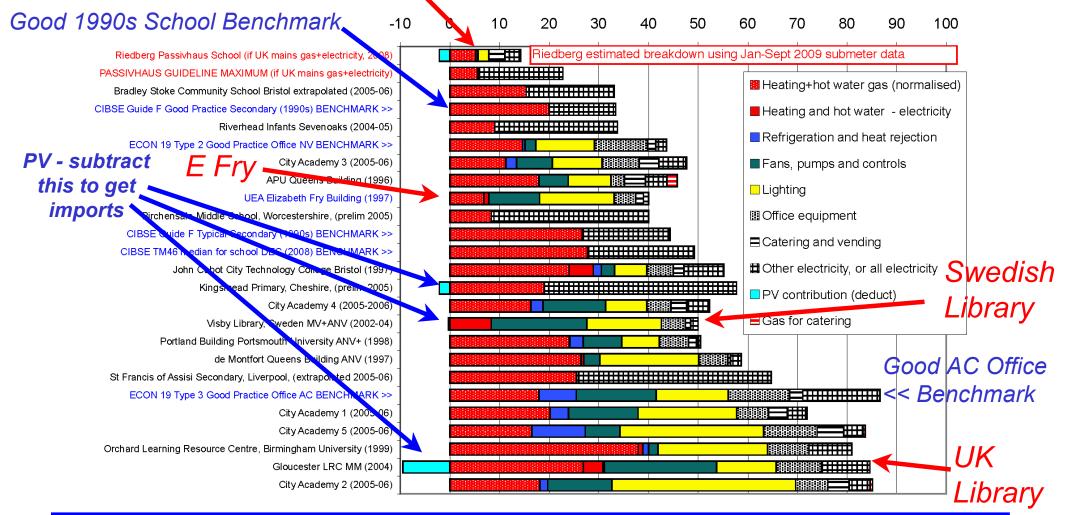


How do newer buildings compare with E Fry? Annual energy use expressed as kg CO₂/m² (UK factors) German School (based on gas heating CO₂ factor - actually pellets)

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Annual CO₂ emissions from low-energy schoool and university buildings

kg/m² Treated Floor Area at Defra 2008 CO₂ factors of 0.185 for gas and 0.537 for electricity



SOURCE: Various. UK and Swedish library data from: Eubart - Intelligent Buildings, Final technical brochure (2004), figure 5.

So why are we being encouraged to spend money on green bling when we aren't getting the fundamentals right?



Getting the leverage on emissions: *First people, then energy, then carbon*

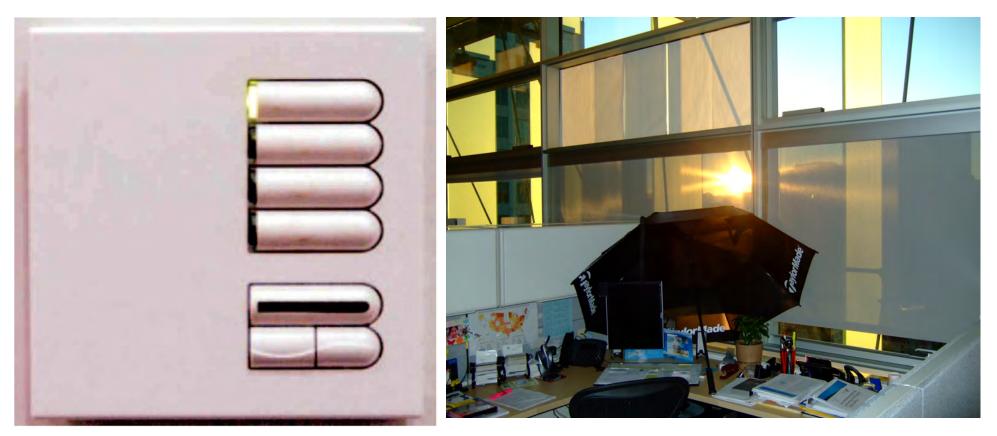
- Engage people *if not, there may well be unintended consequences.*
- Reduce demand *prevention is better than cure!*
- Increase efficiency of the services that meet the demand.
- Avoid waste, a priority for both new and existing buildings.
- Decarbonise supplies but low-carbon energy is a scarce resource not to be squandered: be sure to get the demand down first.
- Get results by doing things simply, cheaply ... and well!

BIG SAVINGS ARE POSSIBLE USING THE MULTIPLIER EFFECT e.g:

- Halve the demand X
- Double the efficiency X
- Halve the carbon in the supplies ... AND

You are down to one-eighth of the carbon.

Controls, manageability and usability need to receive much more attention



"An intelligent building is one that doesn't make its occupants feel stupid"... ADRIAN LEAMAN

"We sell dreams and install nightmares"... BMS SUPPLIER

MOVING FORWARD

The context today: the party's over need to make better use of what we've got

- Decline of North Sea oil and gas. Peak oil.
- Need to slash fossil fuel use and emissions anyway.
- Chronic shortage of money. International power shifts.
- Pressures to cut costs, but we need to do things better.
- Additional costs of infrastructure and climate adaptation.
- Fewer opportunities for new university revenue.
- Buildings will need to become much more sustainable.
- Most of the buildings we will have in 2050 are already here. We will need to make them perform much better.
- Many of the buildings procured over recent years may give cause for regret as the context changes.

Is High Performance the Answer?: strategic conclusions from the Probe POEs

		Technological complexity	
		More	Less
Building management input	More	Туре А	Туре D
	Less	Туре С	Туре В

Diagram first appeared in: Probe 19: Designer Feedback, Building Services, the CIBSE Journal, page E21 (March 1999).

Technology - management interactions: strategic conclusions from the Probe POEs

		Technologica	Technological complexity	
		More	Less	
Building	More	Туре А	Туре D	
management input		High Performance	Rare, not replicable?	
Secure Type A Seek more Type B (and possibly Type D)		Risky with performance penalties	Simple Smart	
			Sense + Science	
Avoid Type C.		Туре С	Туре В	

Diagram first appeared in: Probe 19: Designer Feedback, Building Services, the CIBSE Journal, page E21 (March 1999).

Things we already know need improving

- Better **briefing** and clarity of **design intent**, with transparency between expectations and outcomes, *to minimise the credibility gaps*.
- **Expectations management** during design, construction and alteration and into use, with better processes, such as Soft Landings see following slides.
- Better engagement, understanding and communication between designers, clients, users and operators.
- Interfaces: between components, skills, and silos, and across gateways.
- Much better **usability and manageability** of control and BMS systems, both manual and automatic. *"We sell dreams and install nightmares".*
- Pay attention to **critical detail.** *Prevention is better than cure!*
- Seek **resilience**, **robustness** and **adaptability** in the solutions. Seek to avoid unintended consequences and "revenge effects".
- Seek to **avoid unmanageable complication**, the enemy of good performance. *Keep it simple and do it well.*
- Much better **handover and aftercare** to communicate design intent, fine tune, minimise unintended consequences, pass on knowledge, and obtain feedback.
- Seek **continuous improvement** of the building in use, otherwise vicious circles of decline are likely to occur.

Soft Landings: *supporting a new professionalism that engages routinely with outcomes on any project*

Soft Landings can run alongside any procurement system, and:

- Link actual building performance and FM to design.
- Ease transition to occupation.
- Reduce post-handover problems and assist fine-tuning.
- Facilitate feedback.
- Capture learning, and improve professional competences.

Soft Landings can help to:

- Relate client and design targets to achieved outcomes.
- Manage expectations and review performance at intervals throughout a project, and on into use.
- Allocate responsibilities, including client responsibilities.
- Improve relationships between designers, builders, clients and users.

The golden thread ... MARK WAY

Soft Landings: the Five main stages From the Framework published in July 2009

- 1. Inception and Briefing Appropriate processes. Assigned responsibilities. Well-informed targets.
- 2. Design and construction Including expectations management.
- **3. Preparation for handover** *better operational readiness.*
- **4.** Initial aftercare Information, troubleshooting, liaison, fine tuning, training.
- 5. Longer-term aftercare monitoring, review, independent POE, feedback and feedforward.

Downloadable free

from www.usablebuildings.co.uk and www.softlandings.org.uk

BSRIA is hosting an industry group



the SOFT LANDINGS FRAMEWORK

for better briefing, design, handover and building performance in-use



CONCLUSIONS

Where next?

- There's a lot to do, and less money and things to do it with, though there might be more manpower, and scope for more care.
- Existing buildings and infrastructure will be strong constraints, we will need to make better use of we've got where we can.
- Massive potential for engineering, but we need to clear our minds and get closer to the decision-makers, and to ordinary users.

SOLUTIONS WILL INCLUDE THE SIMPLE AND THE ADVANCED:

- Loosely coupled systems.
- Robust buildings, with options available.
- Demand destruction.

IT WON'T JUST BE "GREENED" BUSINESS AS USUAL

- There will be cultural and behavioural changes.
- There will be some surprising and disruptive innovations.
- 19th and 20th Century solutions (e.g. District Heating and CHP) will have a role but may well be less of panacea than policymakers think.

Some questions to ask when planning changes

- Is it an enabler?
- Does it meet real needs properly?
- Does it give you options against different scenarios?
- Is it as local as practicable?
- Is it reversible?
- Is it manageable?
- Are there downside risks and dead ends?
- Can you afford to look after it?
- It it robust against social, cultural and technical change?
- Is there a risk of sunk costs and stranded assets?
- Are there contractual traps with service providers?
- Are you maintaining the golden thread in procurement?

Take one zero off your budget and creativity begins. Take two zeros off and you have sustainability ...

JAIME LERNER, former Mayor of Curitiba, Brazil

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